

**As Team and Workshop Leader for a Health and Hygiene Education Initiative** with the Adarsh Foundation (2023), I co-led a three-month community outreach project in the underserved neighbourhoods of Kherwadi, Mumbai. The program focused on raising awareness of sanitation, hygiene practices, and disease prevention among children aged 8–16. Alongside interactive demonstrations and discussions, I organised collection drives across schools and local communities, gathering over 300 sanitary items to assemble and distribute more than 80 hygiene kits to 60 families. The workshops not only provided essential resources but also helped instil lasting habits of cleanliness and preventive healthcare among participants.